

# ARE YOU AN UNCIRCUMCISED MALE SUFFERING FROM TIGHT FORESKIN (PHIMOSIS)?

Does pain, discomfort or anxiety about this condition effect your quality of life?

Does enduring lifelong symptoms or surgical circumcision seem to be your only options for this condition?

Would you consider a non-surgical treatment for Phimosis that has helped 1,000s of men over the past 10 years?

Are you an Australian resident male 18 years or older, living in the metropolitan areas of either Sydney or Brisbane?



You may be eligible to participate in a world-first Australian led clinical trial of a TGA listed non-surgical option for adult phimosis.  
*(Novoglan® has been listed on the ARTG since 2010 as a Class 1 non-sterile procedure pack.)*

**Do you want  
to find out more?**

For a strictly confidential discussion about your eligibility, please contact the Novoglan Clinical Trial Coordinator  
**Maizie.Barakat@muh.org.au**

## ABOUT THE CLINICAL TRIAL

The clinical leads for the independent investigator instigated clinical trial at each site:

**Sydney:** Professor David Gillatt, Head of Urology and Gynaecology Clinical Discipline Director of Medical and Surgical Services, **Macquarie University Hospital** **Brisbane:** Professor Eric Chung, Professor of Surgery, Department of Urology, **University of Queensland and Princess Alexandra Hospital**



# DO YOU OR A FAMILY MEMBER, LIVE WITH THE PAINFUL MEDICAL CONDITION PHIMOSIS?

Phimosis, characterised by a tight foreskin, can,  
if left unresolved, lead to quality of life issues for uncircumcised males.

If you are an Australian male resident,  
aged 18 years or older,  
living in the metropolitan areas  
of either Sydney or Brisbane,  
you may be eligible for participation  
in a Clinical trial for non-surgical  
treatment of Phimosis with leading  
Australian Professors of Urology!



## To find out more about your eligibility

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Novoglan Clinical Trial Coordinator  
for a strictly confidential discussion.

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**Princess Alexandra  
Hospital**  
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## COMMON & HISTORICAL TREATMENT OPTIONS FOLLOWING DIAGNOSIS OF ADULT PHIMOSIS.

Following a physical examination by a GP to determine diagnosis of adult Phimosis, the GP may suggest these historically used treatment options:

**Manual stretching with hand by pulling foreskin back and forth over glans.**

**Cons:** Risk of paraphimosis (Foreskin getting stuck along shaft requiring emergency room visit)

**Prescription of topical steroid cream to assist in softening and stretching foreskin.**

**Cons:** Only about 10% effective, can cause thickening of foreskin leading to tearing and may cause bleeding.

**Referral to urologist for review - usually resulting in circumcision or similar surgery.**

**Common adverse events:** Pain, disfigurement, scarring, red blotchy skin, significant loss of sensation, mental health and relationship issues, consequences for partner (longer time to orgasm, increased abrasion of partners internal tissues)

## ALTERNATIVE AND CONTEMPORARY TREATMENT RECOMMENDATION FOR ADULT PHIMOSIS:

Following a physical examination by a GP to determine diagnosis of adult Phimosis, the GP refers to Professor David Gillatt and Professor Eric Chung for review of patient's condition and possible inclusion in Novoglan® trial. The Novoglan® TGA treatment option aims to protect foreskin function and benefits through non-surgical foreskin tissue expansion.

Australian led clinical trial of TGA listed non-surgical option for adult phimosis for Australian male residents, aged 18 years or older, living in the metropolitan areas of either Sydney or Brisbane. There will be no out of pocket charges for participants covered by Medicare.

### GENERAL INFORMATION

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